

Volunteer Firefighter Position Description



North Lincoln Fire & Rescue District #1
PO Box 200
Lincoln City, OR 97367
541-996-2233

GENERAL DUTIES

The duties of this position include fire fighting, fire prevention, emergency rescue and emergency medical services. The position requires a high level of training for fire fighting activities. Volunteers are required to learn and participate in the operation of equipment and apparatus, and the performance of hazardous tasks under emergency conditions, which may require strenuous exertion in environments involving smoke, fire, heat and cramped surroundings. In addition to fire fighting and emergency rescue, primary duties include participation in drills and classes studying techniques and procedures for fire fighting emergency rescue, emergency medical response, and response to hazardous materials incidents. The duties of this position are performed under the general supervision of the Fire Chief or other Officers of the Fire District.

ESSENTIAL PHYSICAL AND MENTAL FUNCTIONS OF POSITION

In addition to those physical and mental functions required to perform the duties set forth above, this position requires the following:

- Ability to carry a ladder weighing approximately 75 pounds; to raise and extend the ladder; to assist victims down ladders; and to carry fire hose and other heavy equipment up and down ladders or stairs.
- Ability to move and advance a charged hose line, into a burning building, while standing or crawling on the floor. Ability to hold a flowing hose line for long periods of time and to shut off a flowing line while maintaining control of the hose line.
- Ability to enter a building under adverse fire conditions which might include smoke, extreme heat, and no visibility, in full protective clothing including air pack with face piece. Ability to search for fire victims (sometimes searching by feel only), walking or crawling; and if a victim is found, to drag or carry the victim to safety.
- Ability to work in high places, open places and confined places.
- Ability to operate a power saw in awkward positions, such as cutting on a sloping roof, and cutting from a ladder.
- Ability to use a variety of tools to remove walls and ceilings, requiring pulling and pushing motions with arms extending overhead for long periods of time, or to force entry into a building.
- Ability to perform fire and emergency medical duties while exposed to extreme cold and/or wet environmental elements.
- Ability to operate power extrication equipment to assist in patient removals from motor vehicles. The ability to lift and carry patients over rough or uneven terrain for considerable

distances. Ability to bend, strain, stretch, contort, push, pull, twist, carry, walk with weight, or lift to remove a victim from a motor vehicle and place the victim on a stretcher.

- Ability to drive a medic unit or large fire apparatus during both the day and night, using depth perception and peripheral vision in emergency situations, in congested traffic and in unsafe road conditions caused by factors such as fog, smoke, rain, ice and snow.
- Ability to complete firefighter emergency rescue functions and tasks which are very physically demanding over a period of time without breaks, recovering quickly when given a short break.
- Ability to respond to an alarm, wake, and go from a sound sleep to full activity and exertion in a matter of minutes.
- Ability to perform basic emergency medical functions, once trained, such as performing cardiopulmonary resuscitation for extended periods of time.
- Ability to provide emergency medical response, remain calm, and be exposed to various diseases.
- Ability to hear and orally respond to verbal orders, calls for assistance, and radio communications, as well as the ability to hear, identify and appropriately respond to various sounds in an environment of substantial background noises, such as sounds produced by structural collapses, backdrafts, breaking glass, other Firefighters, sirens, traffic and victims. Ability to shout orders, warnings and responses when necessary.
- Ability to maintain composure and confront stressful situations, and withstand the effects of repeated exposure to traumatic situations.
- Ability to read, learn and remember new and updated detailed complex information, such as hazardous materials information, medical information, or changes in policy or procedures. Ability to apply information in a logical manner.
- Ability to identify hazardous materials codes by color.
- Ability to communicate with a diverse range of people and deal with verbal and physical confrontations.
- Ability to interview people and to gather information on their medical history or circumstances surrounding an incident.
- Ability to prepare incident reports, inspection reports and medical reports either by hand or computer, using proper, detailed descriptions and appropriate grammar.

*We make a living by what we get. We make a life by what we give.
(Winston Churchill)*

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